**21st BDay Quiet time:**

**Scriptures to Read-**

Ephesians 5:18

Prov 20:1

Prov 23: 29-35

Galatians 5:19-21

1 Corinthians 10:31

1 Corinthians 9:19-23

Romans 14:13-20

Titus 1:7

1 Timothy 3:3

After you read the Scriptures above, journal through these questions….

1. What is your heart's attitude toward honoring God with your life?

2. What is your heart's attitude toward sin?  (desire holiness/how far can i get? want to toe the line/how close can i get? it's not a big deal, let's do it?)

3. Is drinking alcohol a sin/does it dishonor God? (why or why not?)

4. Is getting drunk a sin/does it dishonor God? (why or why not?)

5. Is getting buzzed a sin/does it dishonor God? (why or why not?)

6. Is it a sin if people assume you are drunk/does it dishonor God? (why or why not?)

7. What are some potential consequences for your witness for Christ if you get drunk (or people think you are drunk) on your 21st (or another time)? How long might these consequences affect you?

8. What are some potential consequences for yourself personally and spiritually if you get drunk (and/or appear to others as if you're drunk)?

10. What are some danger areas for you personally with alcohol? (peer pressure? boys? FOMO? people pleasing? hiding sin/integrity? pride? reputation? anything else? family pressure? anything else?)

11.  What's the root sin behind whatever you answered in the last question? What attribute of God are you forsaking? How does the gospel apply to that issue?

12. What are promises about living life as worship to God and according to his commands? (Psalm 1, Proverbs 1, Isaiah 48:17-22)

13. What are promises about living life and accepting sin like the world does? (Psalm 1, Proverbs 1, Isaiah 48:17-22)

14. If you mess up, what's your next step - with God? with your inner circle? with others? with yourself?

Application:

1. Where will you celebrate your 21st BDay?

2. Who from your inner circle will be in your crew that night - and "on your team"? Don't assume - ask and get commitments from people.

3. What will you drink and how much will you drink (be very specific)?

4. What's your plan when people pressure you to drink more? (what will you say?)

5. What will be some specific guidelines for how you will handle alcohol while you are in college?

5. Do you have any other concerns or worries about turning 21 that you  need to continue to process through?